

511-2017-10-20-action-II

Rick Gilmore

2017-10-20 13:49:15

Prelude

Earth, Wind & Fire - Fantasy



<https://www.youtube.com/embed/L0CVoFsUhC4>

Prelude

Woody Guthrie-This Land Is Your Land



<https://www.youtube.com/embed/XaI5IRuS2aE>

Today's Topics

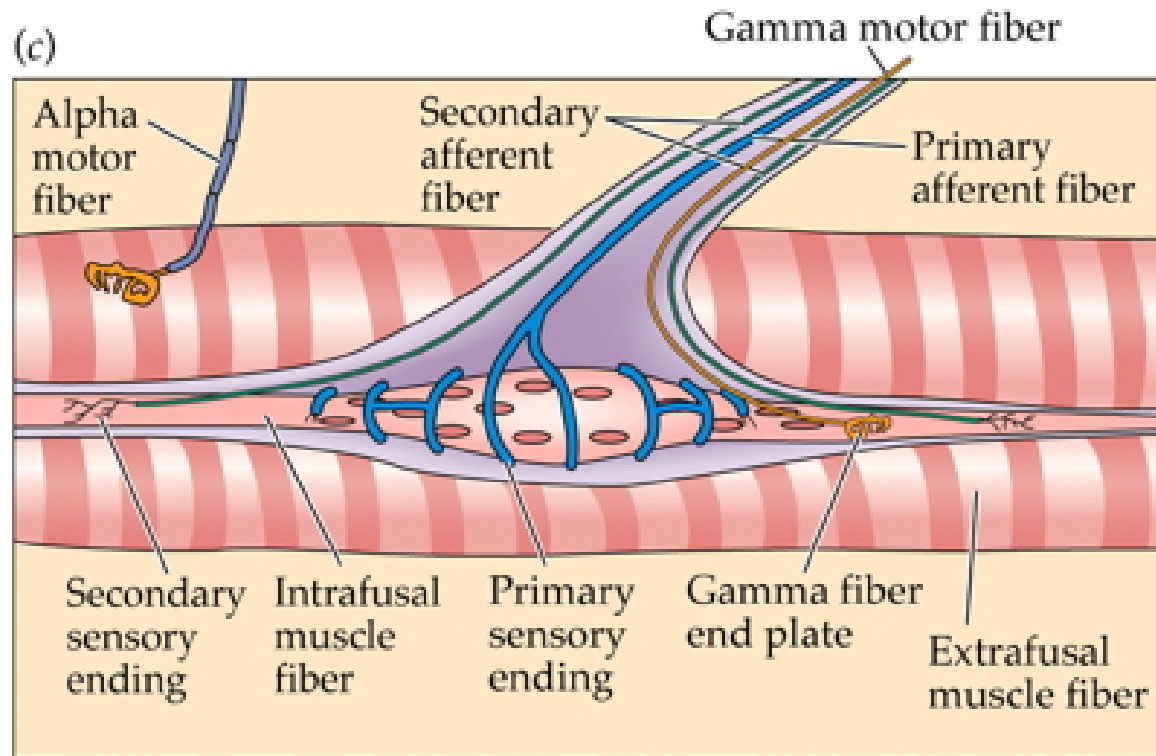
- The neuroscience of action

Muscles are sensory organs, too!



© Can Stock Photo

Two muscle fiber types



© 2001 Saunders Associates, Inc.

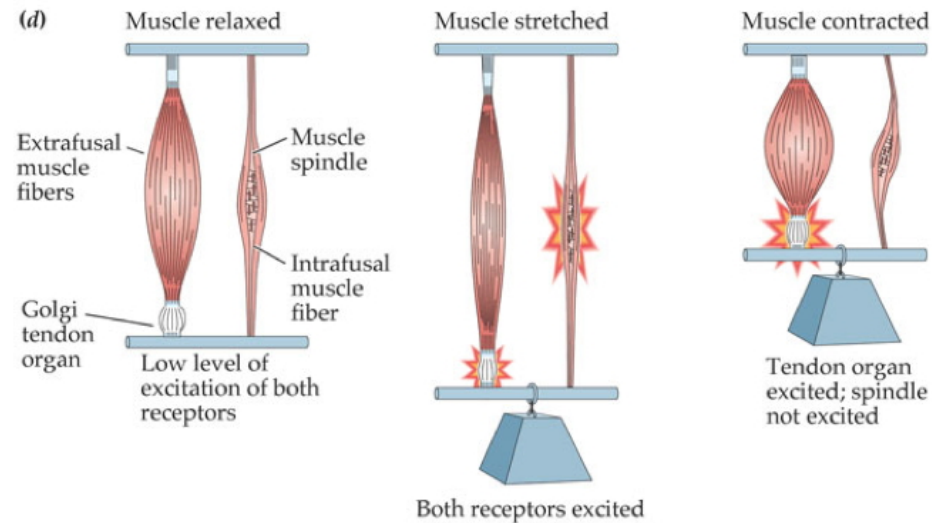
Two muscle fiber types

- Intrafusal fibers
 - Sense length/tension
 - Contain muscle spindles linked to Ia afferents
 - enervated by gamma (γ) motor neurons
- Extrafusal fibers
 - Generate force
 - enervated by alpha (α) motor neurons

Monosynaptic stretch (myotatic) reflex

- Muscle stretched (length increases)
- Muscle spindle in intrafusal fiber activates
- Ia afferent sends signal to spinal cord
 - Activates alpha (α) motor neuron
- Muscle contracts, shortens length

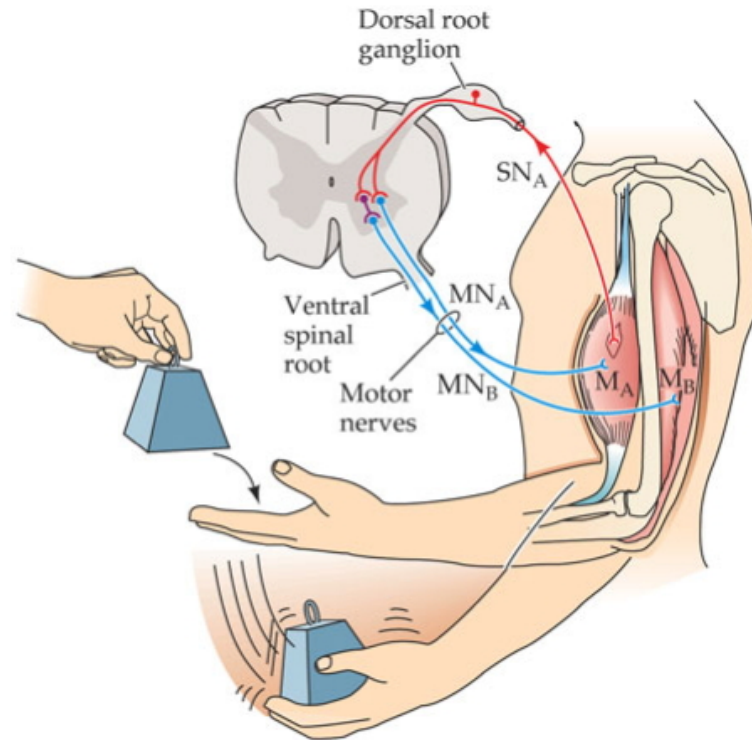
Monosynaptic stretch (myotatic) reflex



BIOLOGICAL PSYCHOLOGY, Fourth Edition, Figure 11.8 (Part 3) © 2004 Sinauer Associates, Inc.

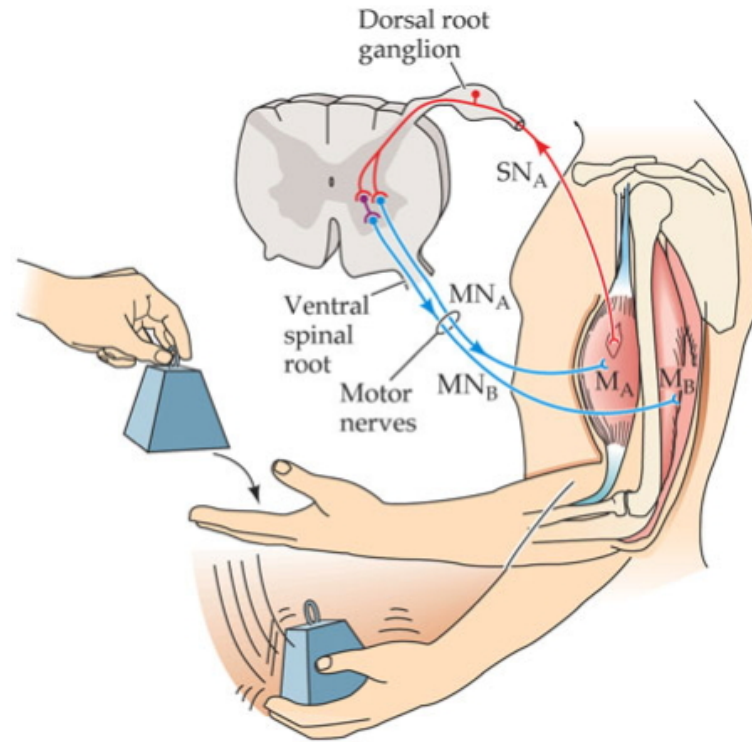
- Gamma (γ) motor neuron fires to take up intrafusal fiber slack

Monosynaptic stretch (myotatic) reflex



BIOLOGICAL PSYCHOLOGY, Fourth Edition, Figure 11.10 (Part 1) © 2004 Sinauer Associates, Inc.

Why doesn't antagonist muscle respond?



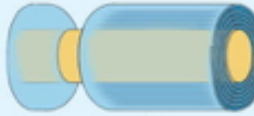
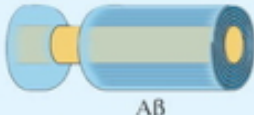
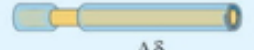

BIOLOGICAL PSYCHOLOGY, Fourth Edition, Figure 11.10 (Part 1) © 2004 Sinauer Associates, Inc.

Why doesn't antagonist muscle respond?

- Polysynaptic inhibition of antagonist muscle
- Prevents/dampens tremor

Brain gets fast(est) sensory info from spindles

TABLE 8.2 *Fibers That Link Receptors to the CNS*

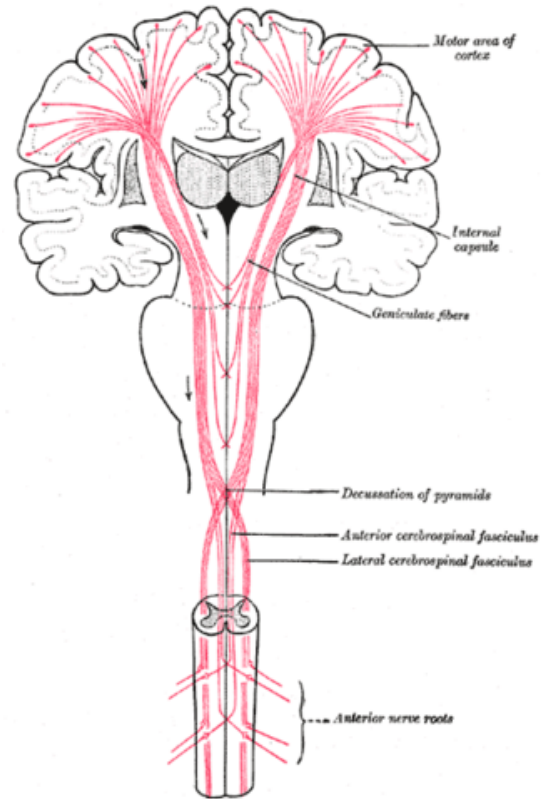
| Sensory function(s) | Receptor type(s) | Axon type | Diameter (μm) | Conduction speed (m/s) |
|--------------------------------------|---|---|----------------------------|------------------------|
| Proprioception (see Chapter 11) | Muscle spindle |  A α | 13–20 | 80–120 |
| Touch (see Figures 8.12 and 8.13) | Pacinian corpuscle, Ruffini's ending, Merkel's disc, Meissner's corpuscle |  A β | 6–12 | 35–75 |
| Pain, temperature | Free nerve endings; VRL1 |  A δ | 1–5 | 5–30 |
| Temperature, pain, itch | Free nerve endings; VR1, CMR1 |  C | 0.02–1.5 | 0.5–2 |

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How the brain controls the muscles

- Pyramidal tracts
 - Pyramidal cells (Cerebral Cortex Layer 5) in primary motor cortex (M1)
 - Corticobulbar (cortex -> brainstem) tract
 - Corticospinal (cortex -> spinal cord) tract
- Crossover (decussate) in medulla
 - L side of brain innervates R side of body

Corticospinal tract

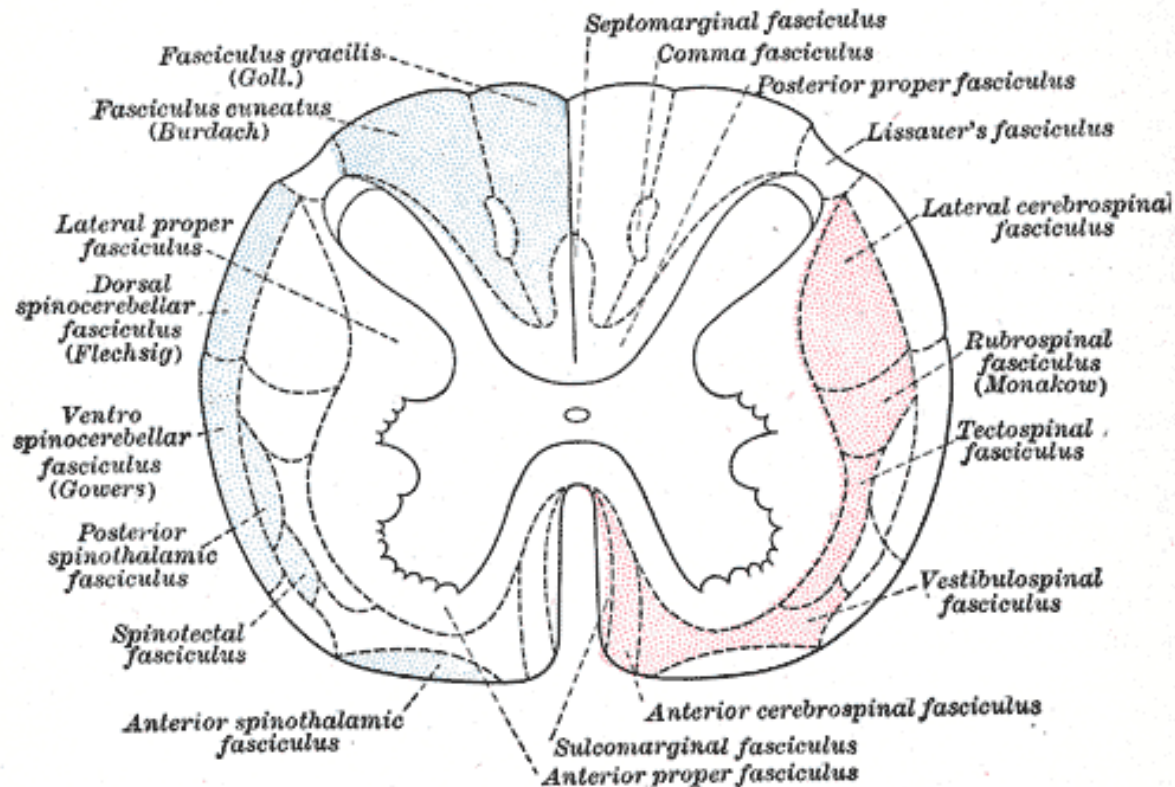


<https://commons.wikimedia.org/wiki/File:Gray764.png#/media/File:Gray764.png>

How the brain controls the muscles

- Extrapyramidal system
 - Tectospinal tract
 - Vestibulospinal tract
 - Reticulospinal tract
- Involuntary movements
 - Posture, balance, arousal

Extrapyramidal system



<https://upload.wikimedia.org/wikipedia/commons/b/be/Gray672.png>

This figure shows that the descending motor pathways in red on the right have their own spatial organization depending on where they originate in the brain.

Disorders

- Parkinson's
- Huntington's

The Faces of Parkinson's

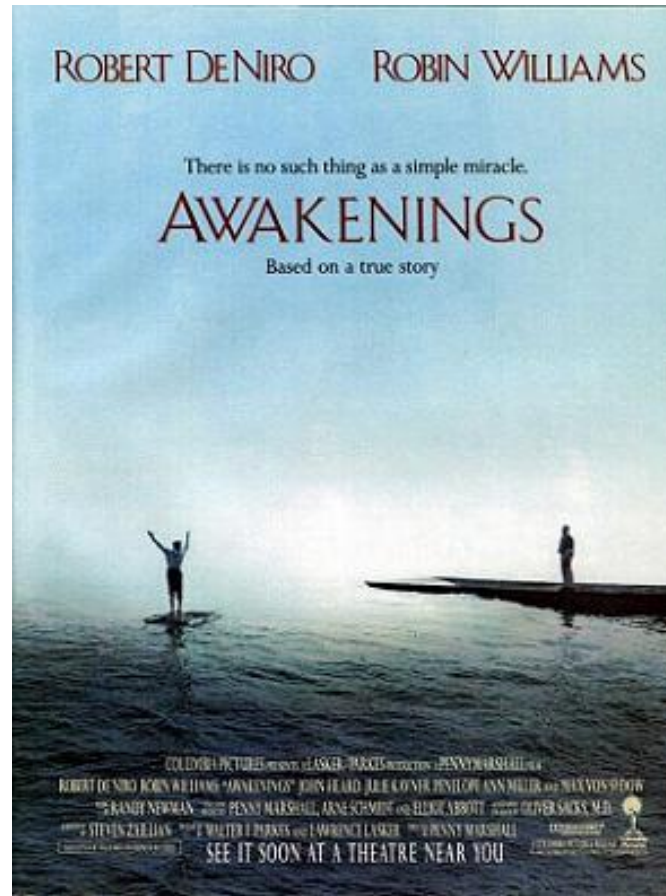
Faces of Parkinson's



Parkinson's

- Slow, absent movement, resting tremor
- Cognitive deficits, depression
- DA Neurons in substantia nigra degenerate
- Treatments
 - DA agonists
 - DA agonists linked to impulse control disorders in ~1/7 patients ([Ramirez-Zamora et al. 2016](#))
 - Levodopa (L-Dopa), DA precursor

Awakenings



Huntington's



<http://cp91279.biography.com/1000509261001/1000509261001-guthrie-centennial-1.jpg>

Huntington's

- Formerly Huntington's Chorea
 - "Chorea" from Greek for "dance"
 - "Dance-like" pattern of involuntary movements
- Cognitive decline
- Genetic + environmental influences
- Disturbance in striatum
- No effective treatment

Huntington's

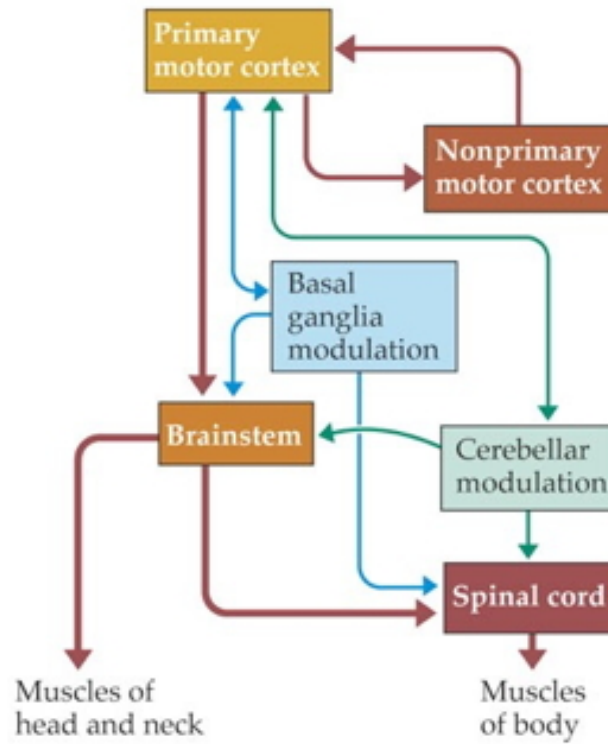
A family struggles with Huntington's Disease



Remember

- Control of movement determined by multiple sources
- Cerebral cortex + basal ganglia + cerebellum + spinal circuits

Multiple, parallel controllers



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Cerebellum as predictor of future sensory states? (Ito 2008)



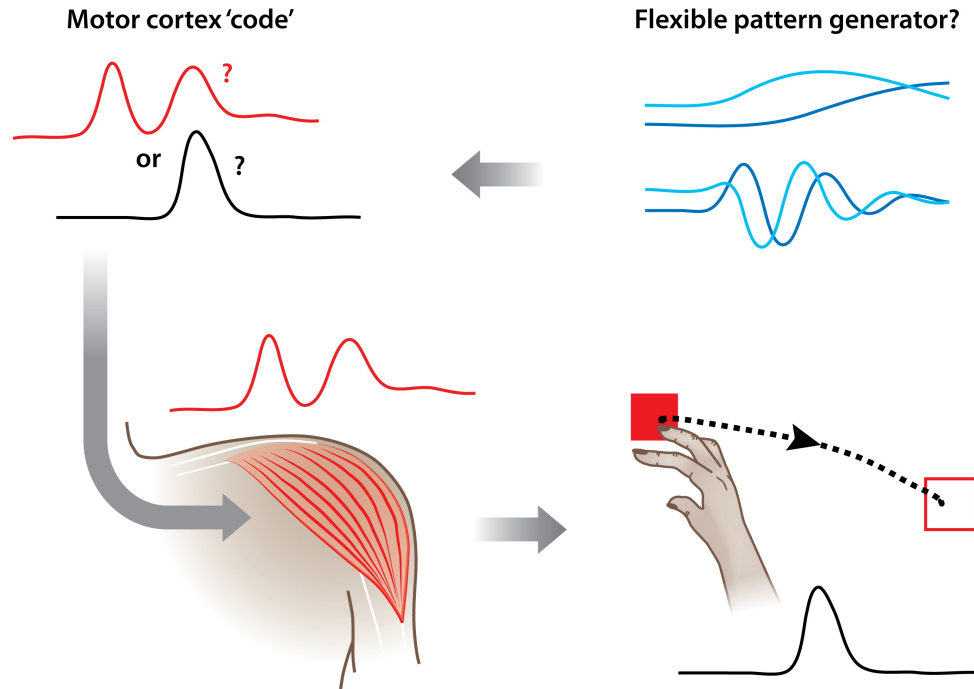
<http://venturebeat.com/wp-content/uploads/2009/10/star-trek-holodeck.jpg>


The Real Reason for Brains

Daniel Wolpert
The real reason for brains

What does motor cortex activity encode?

Muscle activity? Limb velocity? Or...?



 Shenoy KV, et al. 2013.
Annu. Rev. Neurosci. 36:337–59

[Shenoy et al., 2013](#)

Cortical Control of Arm Movements: A Dynamical Systems Perspective

Annual Review of Neuroscience

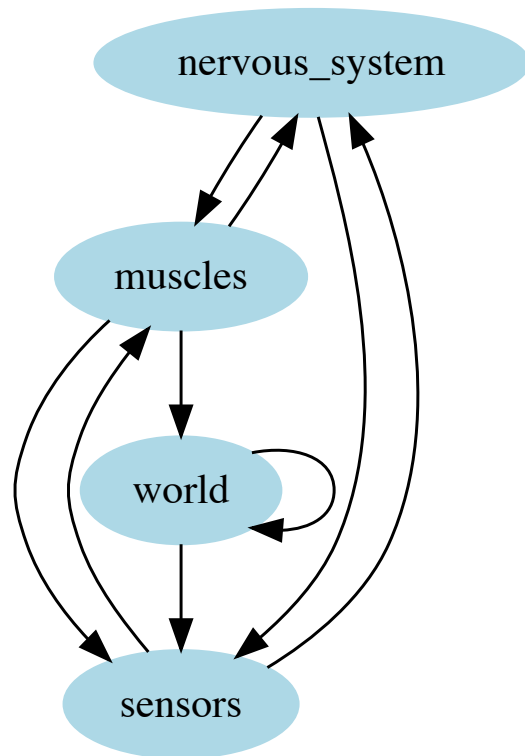
Vol. 36:337-359 (Volume publication date July 2013)

First published online as a Review in Advance on May 29, 2013

<https://doi.org/10.1146/annurev-neuro-062111-150509>

Dynamic systems perspective

- Dynamics of
 - World events, $W(s)$
 - Extero- and interoceptive sensory systems, $S(t)$
 - Nervous system states, $N(t)$
 - Muscle states, $B(t)$
 - Effects of muscles on world



Next time...

- Cognition
- Quiz 2 due

References

Ito, Masao. 2008. "Control of Mental Activities by Internal Models in the Cerebellum." *Nat. Rev. Neurosci.* 9 (4): 304–13. doi:[10.1038/nrn2332](https://doi.org/10.1038/nrn2332).

Ramirez-Zamora, Adolfo, Lucy Gee, James Boyd, and José Biller. 2016. "Treatment of Impulse Control Disorders in Parkinson's Disease: Practical Considerations and Future Directions." *Expert Rev. Neurother.* 16 (4): 389–99. doi:[10.1586/14737175.2016.1158103](https://doi.org/10.1586/14737175.2016.1158103).